



## 2025 AMP Sideline Help Coaches' Clinic Speaker Bio's

Josh Bowler, MD

Ortho Montana

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Dr. Bowler, MD received his medical degree from the University of Nevada School of Medicine after completing his undergraduate degree in Physiology and Developmental Biology from Brigham Young University. He then performed a five-year orthopedic surgery residency at Baylor University Medical Center in Dallas, Texas. Dr. Bowler then chose to complete a specialized fellowship program in Orthopedic Sports Medicine at The Ohio State University's Jameson Crane Sports Medicine Institute where he worked with athletes from across Ohio State Athletics. Dr. Bowler's practice focuses on the complete care of complex shoulder, hip and knee injuries and conditions. These include minimally invasive arthroscopic procedures, advanced cartilage restoration, joint stabilization and ligamentous reconstructions. Dr Bowler also treats athletic injuries of all types and ages from weekend warriors to competitive student-athletes and everything in-between.

Jerry Girard, LCPC, LAC,

Director of Student Health MSUB

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Jerry Girard is the Counseling Director in Student Health Services at Montana State University Billings (MSUB) and the co-owner of Girard Consulting and Education. Jerry is a Licensed Clinical Professional Counselor as well as a Licensed Addiction Counselor with thirteen years of counseling experience at two Montana universities – MSUB and the University of Montana Western. Prior to becoming a clinical counselor, Jerry was a high school teacher and coach who worked at Outlook Schools, Judith Gap Schools, and Beaverhead County High School. In addition to providing counseling, outreach, and adjunct teaching at MSUB, Jerry is passionate about providing mental health and stigma reduction programming and trainings such as Mental Health First Aid and QPR Gatekeeper Training to all who are interested. Jerry is also available to host empathy-oriented conference presentations, guest lectures, and coalition building workshops. Jerry currently lives in Billings with Sherri, his wife of 33 years, and has three amazing adult children and two wonderful granddaughters.



Brooke Hollowell, M.S. CCC-SLP  
[brookelayne@hotmail.com](mailto:brookelayne@hotmail.com)

Brooke is an independent contractor, Speech Language Pathologist for Miles City School District and the Big Country Cooperative. She received her undergraduate degree from Gonzaga University with a Bachelors in psychology and special education. She went on to complete her Master's of science degree from University of Montana Missoula for Speech Language Pathology. She is a contractor with DEAP (Developmental Educational Assistance Program) for Autism testing services, levels of Autism diagnosed.

Brooke is also a Special Olympics coach for Miles City Bandits for the past 5 years. As a Special Olympics coach she has experience with injury management, mental health, and behavioral interventions. In her spare time she works on the family ranch north of Hysham.

Dayne Dyer, CSCS  
[info@beartoothperformance.com](mailto:info@beartoothperformance.com)

Dayne is the Owner and CEO of Beartooth Performance who has a partnership with Athletic Medicine and Performance (AMP) to facilitate strength and conditioning programs for area athletes. Dayne grew up in St. Louis, graduated with a degree in Exercise Science before moving to Montana. He has a passion for learning, fitness, athletics and the way the human body moves weaving these components together to provide a strong foundation for athlete's success.

Tiffany Ricci, RDN

Tiffany is a registered dietitian nutritionist, board certified specialist in sports dietetics, and certified exercise physiologist with the American College of Sports Medicine. She helps athletes improve their performance with sustainable nutrition strategies.