

**AMP (Ortho Montana, Intermountain Healthcare and Yellowstone Surgery Center)  
34th Annual Magic City Sports Medicine Conference**

**Date:** May 17th, 2025

**Conference Theme:** Wrestling Sports Medicine

**Domains:**

Domains of Athletic Training (Practice Analysis 8th Edition)

I: Risk Reduction, Wellness and Health Literacy

II: Assessment, Evaluation and Diagnosis

III: Critical Incident Management

IV: Therapeutic Intervention

V: Healthcare Administration and Professional Responsibility

**Objectives:** Following this program attendees will be able to:

- Promote collaboration within the multidisciplinary sports medicine team
- Assess attendees knowledge of orthopedic conditions, treatment plans and return to sport criteria.
- Evaluate injuries to determine treatment plans and appropriate referral
- Design and implement a preventative and reconditioning program for various injuries
- Identify specific nutrition concepts that are specific to athletes
- Present and explore the latest research and application behind modern modalities used in recovery

**Participant Assessment:** A quiz will be given to assess learning as well as all attendees must complete a program assessment and evaluation. Upon completion of these a Statement of attendance will be issued.

From the BOC Approved Provider handbook: **Professional practice gap is the difference between the current state of “what is” and the desirable or achievable state “what should be” in regards to competency, performance and/or patient outcomes. Educational need is defined as the need for education on a specific topic identified by a gap in professional practice. This is the foundation of developing compliant CE programs under BOC requirements.**

**The goal of any CE activity is to change competence and/or performance and/or patient outcomes.**

**Professional Practice Gap:** The 34th Annual Magic City Sports Medicine Conference is an annual sports medicine conference that focuses on the education of athletic trainers, physical therapists and other allied health care fields. At the conclusion of the 33rd Annual Magic City Sports Medicine Conference, an evaluation from the attendees was collected and those results were tabulated. The results from the evaluations requested specific topics to be discussed by experts in the field of sports medicine. The results also requested for updates and advancements in the field of orthopedics.

**Educational Need:** The planning committee for the 34th Annual Magic City Sports Medicine Conference identified topics and speakers to meet the practice gap and educational needs.

The focus of this year's conference is on "**Wrestling Sports Medicine.**" The Athletic Medicine and Performance (AMP) team of orthopedic surgeons, physical therapists, athletic trainers, registered dietitians and strength and conditioning personnel will work towards the same goal of returning an injured athlete back to their specific sport.

Wrestling is a unique sport where a healthcare provider is either familiar with treatment practices or uncomfortable. Our goal with this year's conference is to bring the level of comfort with treating wrestling athletes up by having presentations on wrestling specific upper extremity and lower extremity orthopedic injuries along with covering skin diseases, rules on injury time, concussions, cauliflower ear and other nuances of wrestling.

**Clinical Bottom Line:**

Athletic trainers, physical therapists and other allied health care professionals need to be cognizant of the differential diagnoses for injuries in order to be able to identify, refer, treat and return to play for each specific case. An interdisciplinary team networks to improve the outcome of patient care as these professionals work together to accurately diagnose, treat - including surgical interventions and rehabilitate and recondition patients to return to activity/sport. Treatment plans, appropriate referral strategies, understanding of surgical techniques, nutrition services and prevention and reconditioning programs are all key components to individualized plans of care.

**References:** will be on presentation slides

**PowerPoint/Google Slides** will be available for all attendees on the AMP website:

[www.ampmontana.com](http://www.ampmontana.com)

Speakers will disclose any conflicts of interest during their presentation and abide by Copyright law (see [www.copyright.gov](http://www.copyright.gov)).