

DORSAL THUMB SPICA

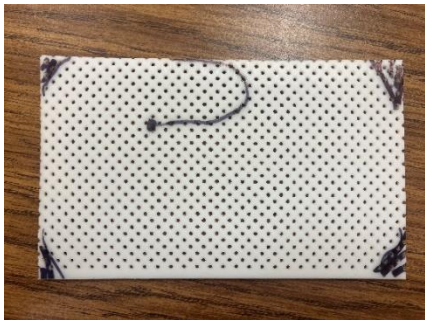
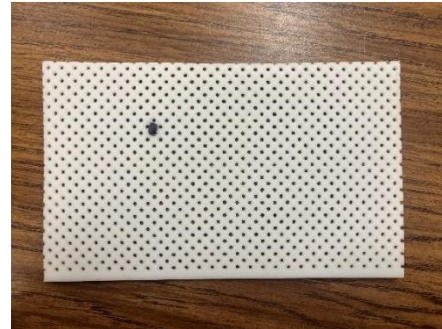


STEP 1: Cut out a piece of splint material approximately 2-3" wider than the pt.'s hand.

STEP 2: Submerge material until soft and pliable (approximately 2-5 min)

STEP 3: Lay material across pt.'s hand ensuring there is enough material to wrap around the pt.'s thumb.

STEP 4: Mark the splint material with a pen in the pt.'s webspace



STEP 5: Shape material cutting towards the pt.'s digits creating a "glove."

STEP 6: Submerge material once again.



STEP 7: Remove material from water. Begin by placing the material along the pt.'s dorsal hand. Wrap edge around the pt.'s thenar musculature. This is followed by wrapping "flap" around the pt.'s thumb. Be careful when handling the material making sure no indentations or deformities are created by too much pressure.

